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first, we make the beast beautiful. This book came out in February 2017 and became a New York Times bestseller and #1 Amazon bestseller when it was published in the US and UK in April 2018. My publisher says: "Sarah pulls at the thread of accepted definitions of anxiety, and unravels the notion

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that it is a difficult, dangerous disease
that must be medicated into
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Wilson directs her intense focus and

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fierce investigating skills onto her
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triggers and treatments, the fashions
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